



SMART

Goal Planner

**Interactive Goal
Planning & Tracking
Workbook**



RETIRING  **WISELY**

www.retiringwisely.com

SMART GOALS

S

SPECIFIC

--

M

MEASUREABLE

--

A

ATTAINABLE

--

R

RELEVANT

--

T

TIME

--

GOAL ACTION PLAN

GOAL:

START DATE:

DUE DATE:

GOAL PROGRESS:

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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ACTION STEPS

POSSIBLE OBSTACLES

HOW TO OVERCOME OBSTACLES

GOAL PLANNER

GOAL:	
DEADLINE:	ACHIEVED <input type="checkbox"/>

STEP TO TAKE

1. _____
2. _____
3. _____
4. _____
5. _____

GOAL:	
DEADLINE:	ACHIEVED <input type="checkbox"/>

STEP TO TAKE

1. _____
2. _____
3. _____
4. _____
5. _____

GOAL:	
DEADLINE:	ACHIEVED <input type="checkbox"/>

STEP TO TAKE

1. _____
2. _____
3. _____
4. _____
5. _____

GOAL:	
DEADLINE:	ACHIEVED <input type="checkbox"/>

STEP TO TAKE

1. _____
2. _____
3. _____
4. _____
5. _____

MONTHLY REFLECTION

MONTH:

HOW WAS THIS MONTH	HIGHLIGHTS OF THE MONTH
	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

CHALLENGES	GRATEFUL FOR
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	

WHAT WENT WELL	DO MORE OF	DO LESS OF

PLANNING FOR SUCCESS FOR NEXT MONTH		
TO START	CONTINUE	TO STOP

NEXT MONTH I AM GOING TO:

GOAL REVIEW

GOAL:

DID I REACH MY GOAL:

THE RESULT:

WHAT WENT WELL

DO MORE OF

DO LESS OF

PLAN GOING FORWARD

GOAL:

DID I REACH MY GOAL:

THE RESULT:

WHAT WENT WELL

DO MORE OF

DO LESS OF

PLAN GOING FORWARD

MONTHLY GOALS

MONTH:

MONTHLY VISION	

GOAL
<input type="checkbox"/>
<input type="checkbox"/>

GOAL
<input type="checkbox"/>
<input type="checkbox"/>

GOAL
<input type="checkbox"/>
<input type="checkbox"/>

ACTION STEPS	

ACTION STEPS	

ACTION STEPS	

NOTES

NOTES

NOTES

WEEKLY GOALS

FOCUS ON

GOALS

<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>

WHY?

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HOW TO ACHIEVE

NOTES

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GOALS LIST

Month:

Year:

MY GOALS

-
-
-
-
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-
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-
-

ACTIONS I NEED TO TAKE

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BUCKET LIST

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Thank You